Whereas the week of April 1-7, 2019, is National Public Health Week and the theme is “Becoming the Healthiest Nation”; Daily themes: Health Communities, Violence Prevention, Rural Health, Tech and Public Health, Climate Change, Global Health and Promoting Public Health Year Round; and

Whereas since 1995, the American Public Health Association, through its sponsorship of National Public Health Week, has educated the public, policymakers and public health professionals about issues important to improving the public’s health;

Whereas people’s health, longevity and well-being are connected to their communities – the places we live, learn, work worship and play – and rates of preventable deaths typically go down in communities where local public health efforts go up.

Whereas public health interventions and community-led models to reduce violence make a difference in areas of child maltreatment, gun related deaths and sexual violence.

Whereas public health professionals help communities prevent, prepare for, withstand, and recover from the impact of a full range of health threats, including disease outbreaks such as the Zika virus, natural disasters, and disasters caused by human activity.

Whereas public health action, together with scientific and technological advances, have played a major role in reducing and in some cases eliminating the spread of infectious disease, and in establishing today’s disease surveillance and control systems.

Whereas health departments across the US are preparing for the impacts of climate change and strategizing new opportunities that help save lives and improve health.

NOW, THEREFORE, I, Dr. Leonard Giles, by virtue of the authority vested in me by the laws of the Monmouth Regional Health Commission #1, do hereby proclaim the week of April 1-7, 2019, as National Public Health Week 2019 in our member and contract towns and call upon them to observe this week by helping our families, friends, neighbors, co-workers and leaders better understand the value of public health and supporting great opportunities to adopt preventive lifestyle habits in light of this year’s theme, “Creating the Healthiest Nation: For science, for action, for health.” Providing accessibility to the MCRHC website, and further communications distributed by the Health Officer are excellent steps toward broadening the scope of public health information dispersed to the residents of our communities.

IN WITNESS WHEREOF, I have hereunto set my hand this 26th day of March, two thousand nineteen, and of the Independence of the United States of America the two hundred and forty-three.

Dr. Leonard Giles

Heather L. Frketich

Dr. Leonard Giles, MCRHC President  Heather L. Frketich/Commission Secretary